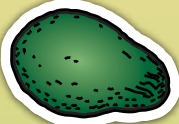


LUCKY 4-LEAF CLOVER



The luckiest kind of toast

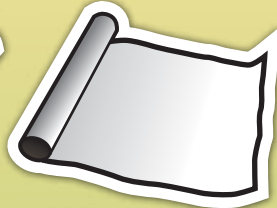
YOU NEED:



Avocado



Pen/Pencil



Tracing or baking paper



Butter Knife



Sharp Knife



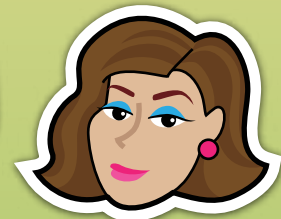
Bread



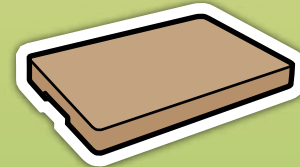
Sharp scissors/
Kitchen scissors



Toaster



Adult for help



Chopping Board

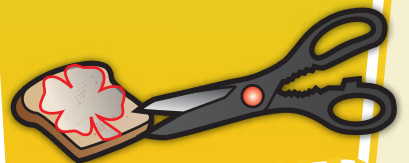
HOW TO MAKE IT:

STEP 1



Draw the outline of a lucky 4-leaf clover (shamrock) on the tracing or baking paper. This must fit onto the size of the bread slice.

STEP 2



Using the scissors cut the bread slice into the clover shape.

STEP 3



Toast the bread.

STEP 4



Spread the Avocado thickly over the top of the toast.

Mum's Shopping Tip: If your child has an adventurous appetite, try finely chopping basil and mixing it through the avocado mixture. This will make the 4-leaf clover even luckier by adding additional vitamins and minerals to their meal.



Australian Avocados